



MAY 2024

### Stop Food Waste Day (SFWD)

We held a SFWD pop-up event, where students and staff could meet Grundon (the waste management team for Brunel), get tips on how to save food, pick up a recipe card, make a pledge to change and get a banana smoothie.

Missed it? You can head our new SFWD table in the Junction (near the click and collect station), to pick up a recipe card, meal planner and more!

### We have donated 344.4KG of edible food!

Through our collaboration with The Olio App (an organisation who donated surplus food around the local community), our food donation has saved 803 meals, fed 90 households, saved 252.0K litres of water and avoided 1,455kg CO2e. We continue to contribute to a more sustainable future.

### DID YOU KNOW: Free Coffee Grounds Available

You can get coffee grounds from 1966 Costa or Bite for your garden compost. Simply, head to the counter and ask a member of staff.



### Fun Food Fact

The hottest chilli pepper in the world is a Carolina Reaper.

### Ways to be Well

Stay hydrated. Even mild dehydration can affect your mood, energy level and ability to concentrate.

### Other info

- All our outlets are closed on Monday 6th May, except for 1966 Costa (9-5) and Subway (11-4)
- E-wallet payments can only be redeemed via the app.
- We cannot redeem loyalty points at the moment, however we are working on it. Keep collecting in the mean time to enjoy them at a later date.

## COMING UP THIS MONTH!



### THE MEGA UNIFOODHUB SALE

Select meals are discounted on the app on a weekly basis. Follow @brunelunifood for the deals of the week. **Last day of sale is Thursday 22nd May**



### FREE FRUIT FRIDAY

Grab a free piece of fruit every Friday from 8am at 1966 Costa. **Last one on Friday 17th May.**



### FREE WEEKDAY BREAKFAST

Grab a free breakfast at the Junction click and collect, every weekday, 8am - 11am. **Last one on Friday 24th May.**



### FREE HOT MEAL SATURDAYS

Every Saturday from 12pm-2pm at Isambard complex. Student ID is required. **Last one on Saturday 25th May.**



### FEASTIVAL FOOD VAN

Serving Caribbean Cafe, Tuesday 30th April - Saturday 25th May (excluding Sun and Mon). Opposite Michael Stirling (the silver van)



### TUESDAY MORNING RESET SESSIONS

Get a free cup of coffee/tea and do some journalling to help relax your mind before exams (1st floor Hamilton, 8:30 - 11am on 30th April, 7th May and 14th May).



### WORLD BAKING DAY - 17TH MAY

Get a free cupcake with every large hot drink in 1966 Costa or Bite. Once they're gone, they're gone!



### PIZZA PARTY DAY - 19TH MAY

Get a 7" pizza from Izzis pizzas for only £2 (more than 50% off) on the Unifoodhub app only.